

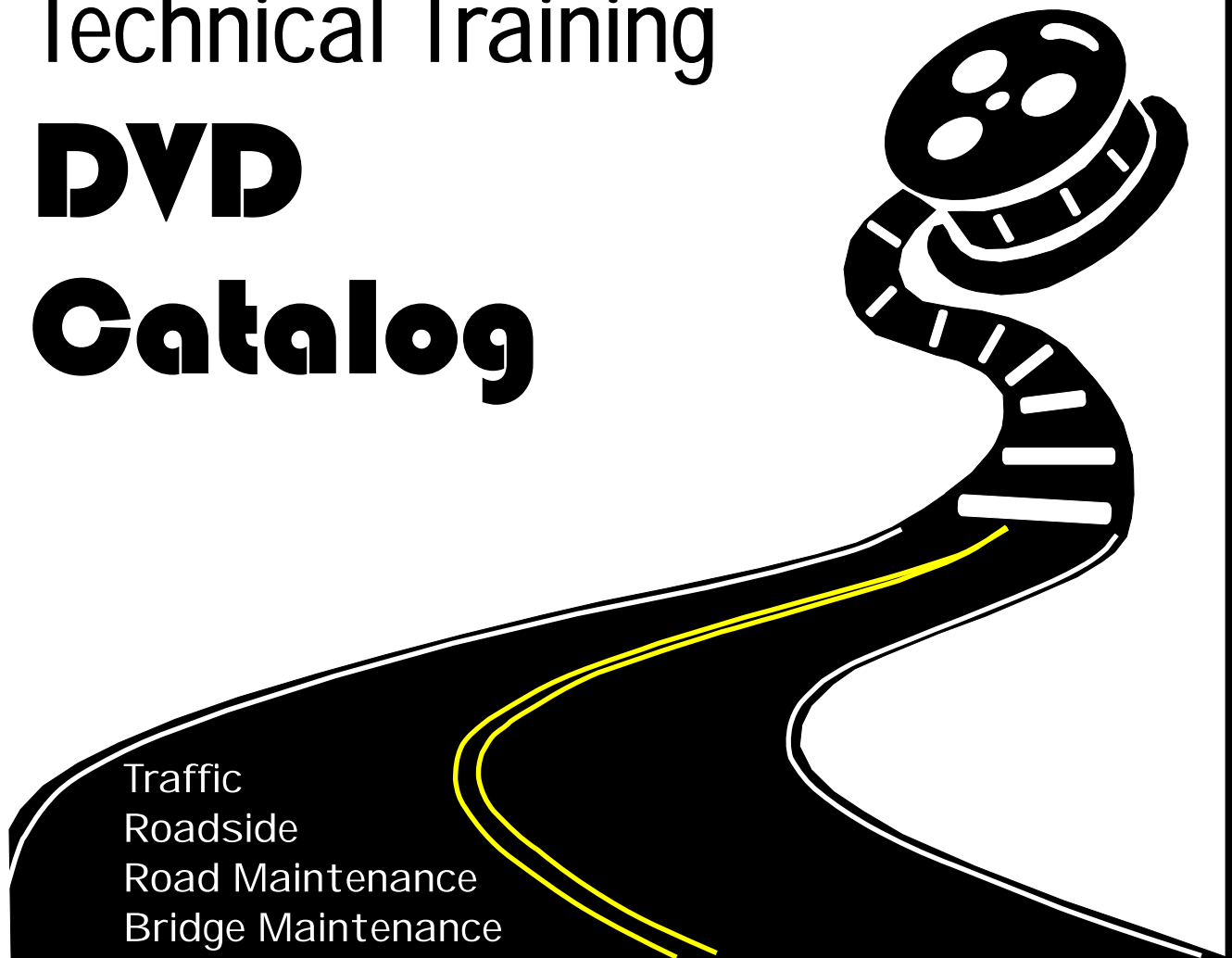
NCDOT

**State Road Maintenance Unit**

Technical Training

**DVD**

**Catalog**



Traffic  
Roadside  
Road Maintenance  
Bridge Maintenance

## **State Road Maintenance Unit Training DVD Catalog**

### Development of the Catalog:

This catalog was developed with the assistance of numerous County Maintenance Engineers and their supporting Division offices. Older VHS format training videos were gathered up, converted to a DVD format, and listed in this catalog.

### Requests for DVDs

Requests for DVDs can be made by filling out the DVD Category list at the end of this catalog, (pages 33-36). At the top of the form, please indicate which Division and County Yard you are ordering for and check the box on the last column to indicate which DVDs you need. Send these requests to NCDOT-SRMU, MSC 1567, Attn: Lee Johnson and provide a copy to your Division Training Coordinator. (The Division Coordinator list can be found on-line under the SRMU Training Programs page).

### Additions to the Catalog:

If a County Yard or Division office has a video that is not listed in this catalog, and would like it transferred to a DVD format, please send it to NCDOT-SRMU, MSC 1567, Attn: Lee Johnson (919) 733-3725.

### Questions or concerns about this catalog:

If you have any questions or concerns about this catalog, please contact the SRMU office, Lee Johnson (919) 733-3725 or via email: [leejohnson@ncdot.gov](mailto:leejohnson@ncdot.gov)

# State Road Maintenance Unit Training DVD Catalog

As of: July 19, 2011

*NOTE: Due to copyright issues, some DVDs may or may not be available for copying.*

## Equipment Operations

### **Backing Safety**

**Description:** This DVD provides viewers with the knowledge and skills needed for proper vehicle backing operations.

**Type:** Equipment Operations

**Provider:**

**Target Audience:** All employees

**Prerequisites:** None

**Length of DVD:** 5 Minutes

**Examination:** No

**PDH:** N/A

### **Backing Up**

**Description:** This DVD provides viewers with the knowledge and skills needed for proper vehicle backing operations.

**Type:** Equipment Operations

**Provider:**

**Target Audience:** All employees

**Prerequisites:** None

**Length of DVD:** 5 Minutes

**Examination:** No

**PDH:** N/A

### **Bandit Chippers and Stump Grinders**

**Description:** This DVD provides viewers with the knowledge and skills needed for proper operation and use of Bandit Chippers and Stump Grinders.

**Type:** Equipment Operations

**Provider:**

**Target Audience:** All employees

**Prerequisites:** None

**Length of DVD:** 18 Minutes

**Examination:** No

**PDH:** N/A

### **Bucket Trucks**

**Description:** This DVD provides viewers with the knowledge and skills needed for proper operation and use of bucket trucks.

**Type:** Equipment Operations  
**Target Audience:** All employees  
**Length of DVD:** 5 Minutes  
**Examination:** No  
**PDH:** N/A

**Provider:**  
**Prerequisites:** None

### **Car Jacks**

**Description:** This DVD provides viewers with the knowledge and skills needed for proper use of car jacks.

**Type:** Equipment Operations  
**Target Audience:** All employees  
**Length of DVD:** 5 Minutes  
**Examination:** No  
**PDH:** N/A

**Provider:**  
**Prerequisites:** None

### **Case Backhoe Safety**

**Description:** This DVD provides viewers with the knowledge and skills needed for proper Case Backhoe vehicle operations.

**Type:** Equipment Operations  
**Target Audience:** All employees  
**Length of DVD:** 14 Minutes  
**Examination:** No  
**PDH:** N/A

**Provider:**  
**Prerequisites:** None

### **CDL-Pre Trip Inspection**

**Description:** This DVD provides viewers with the knowledge and skills needed to conduct a pre-trip inspection on large vehicles.

**Type:** Equipment Operations  
**Target Audience:** All employees  
**Length of DVD:** 19 Minutes  
**Examination:** No  
**PDH:** N/A

**Provider:**  
**Prerequisites:** None

### **Chains and Safety**

**Description:** This DVD provides viewers with the knowledge and skills needed to properly use chains for towing and lifting in a safe manner.

**Type:** Equipment Operations  
**Target Audience:** All employees  
**Length of DVD:** 6 Minutes  
**Examination:** No  
**PDH:** N/A

**Provider:**  
**Prerequisites:** None

### **Cold Milling Machine**

**Description:** This DVD provides viewers with the knowledge and skills needed to operate the cold milling machine safely.

**Type:** Equipment Operations  
**Target Audience:** All employees  
**Length of DVD:** 25 Minutes  
**Examination:** No  
**PDH:** N/A

**Provider:**  
**Prerequisites:** None

### **Crane Operations Safety and Maintenance**

**Description:** This DVD provides viewers with the knowledge and skills needed to properly operate a crane and perform maintenance operations.

**Type:** Equipment Operations  
**Target Audience:** All employees  
**Length of DVD:** 1 Hr 40 Minutes  
**Examination:** No  
**PDH:** N/A

**Provider:**  
**Prerequisites:** None

### **Driving Straight Trucks**

**Description:** This DVD provides viewers with the knowledge and skills needed to safely operate a truck with a manual transmission.

**Type:** Equipment Operations  
**Target Audience:** All employees  
**Length of DVD:** 12 Minutes  
**Examination:** No  
**PDH:** N/A

**Provider:**  
**Prerequisites:** None

### **Hand and Power Tool Safety**

**Description:** This DVD provides viewers with the knowledge and skills needed to identify the dangers of hand and power tools.

**Type:** Equipment Operations  
**Target Audience:** All employees  
**Length of DVD:** 15 Minutes  
**Examination:** No  
**PDH:** N/A

**Provider:**  
**Prerequisites:** None

### **Hand Fed Brush Chipper Safety**

**Description:** This DVD provides viewers with the knowledge and skills needed to identify the dangers of using the hand-fed brush chipper.

**Type:** Safety  
**Target Audience:** All employees  
**Length of DVD:** 12 Minutes  
**Examination:** No  
**PDH:** N/A

**Provider:**  
**Prerequisites:** None

### **How to Operate an A-Boom**

**Description:** This DVD provides viewers with the knowledge and skills needed to safely operate an A-Boom tractor attachment.

**Type:** Equipment Operations

**Provider:**

**Target Audience:** All employees

**Prerequisites:** None

**Length of DVD:** 8 Minutes

**Examination:** No

**PDH:** N/A

### **Hyundai Front Loader**

**Description:** This DVD provides viewers with the knowledge and skills needed to safely operate the Hyundai Front Loader.

**Type:** Equipment Operations

**Provider:**

**Target Audience:** All employees

**Prerequisites:** None

**Length of DVD:** 11 Minutes

**Examination:** No

**PDH:** N/A

### **JCB Backhoe Loader Safety**

**Description:** This DVD provides viewers with the knowledge and skills needed to safely operate the JCB Backhoe Loader.

**Type:** Equipment Operations

**Provider:**

**Target Audience:** All employees

**Prerequisites:** None

**Length of DVD:** 15 Minutes

**Examination:** No

**PDH:** N/A

### **John Deere 7000 Series Ten Tractor**

**Description:** This DVD provides viewers with the knowledge and skills needed to safely operate the John Deere 7000 Series Ten Tractor.

**Type:** Equipment Operations

**Provider:**

**Target Audience:** All employees

**Prerequisites:** None

**Length of DVD:** 1 Hr., 17 Minutes

**Examination:** No

**PDH:** N/A

### **Safe Driver Training**

**Description:** This DVD provides viewers with the knowledge and skills needed for safe and proper vehicle driving operations.

**Type:** Equipment Operations

**Provider:**

**Target Audience:** All employees

**Prerequisites:** None

**Length of DVD:** 52 Minutes

**Examination:** No

**PDH:** N/A

### **Seat Belt Safety**

**Description:** This DVD provides viewers with the knowledge and skills needed to properly use seat belts for safer vehicle operations.

**Type:** Equipment Operations

**Provider:**

**Target Audience:** All employees

**Prerequisites:** None

**Length of DVD:** 5 Minutes

**Examination:** No

**PDH:** N/A

### **Shock hazards: Power Tools**

**Description:** This DVD provides viewers with the knowledge and skills needed to identify the dangers of using power tools.

**Type:** Equipment Operations

**Provider:**

**Target Audience:** All employees

**Prerequisites:** None

**Length of DVD:** 5 Minutes

**Examination:** No

**PDH:** N/A

### **Tractor Safety**

**Description:** This DVD provides viewers with the knowledge and skills needed for proper tractor vehicle operations.

**Type:** Equipment Operations

**Provider:**

**Target Audience:** All employees

**Prerequisites:** None

**Length of DVD:** 6 Minutes

**Examination:** No

**PDH:** N/A

### **Transport Trailer Safety**

**Description:** This DVD provides viewers with the knowledge and skills needed for proper transport trailer operations.

**Type:** Equipment Operations

**Provider:**

**Target Audience:** All employees

**Prerequisites:** None

**Length of DVD:** 25 Minutes

**Examination:** No

**PDH:** N/A

### **Vermeer Brush Chipper**

**Description:** This DVD provides viewers with the knowledge and skills needed to safely operate the Vermeer Brush Chipper.

**Type:** Equipment Operations  
**Target Audience:** All employees  
**Length of DVD:** 14 Minutes  
**Examination:** No  
**PDH:** N/A

**Provider:**  
**Prerequisites:** None

### **Winter Operations**

#### **Anatomy of a Winter Storm**

**Description:** This DVD provides viewers with the knowledge and skills needed to understand operations during winter storms.

**Type:** Winter Operations  
**Target Audience:** All employees  
**Length of DVD:** 13 Minutes  
**Examination:** No  
**PDH:** N/A

**Provider:**  
**Prerequisites:** None

#### **FHWA: Anti-icing for Maintenance Personnel**

**Description:** This DVD provides viewers with the knowledge and skills needed to understand Anti-icing operations during winter.

**Type:** Winter Operations  
**Target Audience:** All employees  
**Length of DVD:** 12 Minutes  
**Examination:** No  
**PDH:** N/A

**Provider:**  
**Prerequisites:** None

#### **FHWA: What is Anti-icing?**

**Description:** This DVD provides viewers with the knowledge and skills needed to understand what Anti-icing operations are.

**Type:** Winter Operations  
**Target Audience:** All employees  
**Length of DVD:** 9 Minutes  
**Examination:** No  
**PDH:** N/A

**Provider:**  
**Prerequisites:** None

#### **Iowa DOT: Anti-icing/De-icing**

**Description:** This DVD provides viewers with the knowledge and skills needed to identify and use Anti-icing and De-icing methods.

**Type:** Winter Operations  
**Target Audience:** All employees  
**Length of DVD:** 30 Minutes  
**Examination:** No  
**PDH:** N/A

**Provider:**  
**Prerequisites:** None

### **Iowa DOT: Winter Weather Resources**

**Description:** This DVD provides viewers with the knowledge and skills needed to identify and make use of Winter Weather Resources.

**Type:** Winter Operations

**Provider:**

**Target Audience:** All employees

**Prerequisites:** None

**Length of DVD:** 35 Minutes

**Examination:** No

**PDH:** N/A

### **Pre-Wetting with Liquid Calcium Chloride**

**Description:** This DVD provides viewers with the knowledge and skills needed to understand the concept of pre-wetting salt with liquid calcium chloride.

**Type:** Winter Operations

**Provider:**

**Target Audience:** All employees

**Prerequisites:** None

**Length of DVD:** 13 Minutes

**Examination:** No

**PDH:** N/A

### **Snow and Ice Control**

**Description:** This DVD provides viewers with the knowledge and skills needed to safely conduct snow and ice removal operations.

**Type:** Winter Operations

**Provider:**

**Target Audience:** All employees

**Prerequisites:** None

**Length of DVD:** 12 Minutes

**Examination:** No

**PDH:** N/A

### **Snow Fighters**

**Description:** This DVD provides viewers with the knowledge and skills needed to safely conduct snow and ice removal operations.

**Type:** Winter Operations

**Provider:**

**Target Audience:** All employees

**Prerequisites:** None

**Length of DVD:** 20 Minutes

**Examination:** No

**PDH:** N/A

### **Snowplow Safety**

**Description:** This DVD provides viewers with the knowledge and skills needed to safely operate a snow-plow during removal operations.

**Type:** Winter Operations  
**Target Audience:** All employees  
**Length of DVD:** 22 Minutes  
**Examination:** No  
**PDH:** N/A

**Provider:**  
**Prerequisites:** None

### **Staying Ahead of the Storm**

**Description:** This DVD provides viewers with the knowledge and skills needed to safely plan for snow and ice removal operations.

**Type:** Winter Operations  
**Target Audience:** All employees  
**Length of DVD:** 20 Minutes  
**Examination:** No  
**PDH:** N/A

**Provider:**  
**Prerequisites:** None

### **Wetted Salt with Calcium Chloride**

**Description:** This DVD provides viewers with the knowledge and skills needed to understand the concept of pre-wetting salt with liquid calcium chloride.

**Type:** Winter Operations  
**Target Audience:** All employees  
**Length of DVD:** 20 Minutes  
**Examination:** No  
**PDH:** N/A

**Provider:**  
**Prerequisites:** None

### **Winter Driving**

**Description:** This DVD provides viewers with the knowledge and skills needed to identify the dangers associated with winter driving.

**Type:** Winter Operations  
**Target Audience:** All employees  
**Length of DVD:** 4 Minutes  
**Examination:** No  
**PDH:** N/A

**Provider:**  
**Prerequisites:** None

### **Working in the Cold**

**Description:** This DVD provides viewers with the knowledge and skills needed to identify the dangers of working in cold environments.

**Type:** Winter Operations  
**Target Audience:** All employees  
**Length of DVD:** 5 Minutes  
**Examination:** No  
**PDH:** N/A

**Provider:**  
**Prerequisites:** None

## **Work-zone Safety**

### **A Sudden Change of Plans**

**Description:** This DVD provides viewers with the knowledge and skills needed to identify the dangers associated with working within the Work-Zone area.

**Type:** Work-Zone Safety

**Provider:**

**Target Audience:** All employees

**Prerequisites:** None

**Length of DVD:** 7 Minutes

**Examination:** No

**PDH:** N/A

### **Basic Traffic Control**

**Description:** This DVD provides viewers with the knowledge and skills needed to identify the dangers associated with flagging, and to perform Basic Traffic Control.

**Type:** Work-Zone Safety

**Provider:**

**Target Audience:** All employees

**Prerequisites:** None

**Length of DVD:** 13 Minutes

**Examination:** No

**PDH:** N/A

### **ITRE: Flagger Training**

**Description:** This DVD provides viewers with the knowledge and skills needed to identify the dangers associated with flagging, and to perform Basic Traffic Control.

**Type:** Work-Zone Safety

**Provider:**

**Target Audience:** All employees

**Prerequisites:** None

**Length of DVD:** 22 Minutes

**Examination:** No

**PDH:** N/A

### **Highway Work Zone Safety: The Basics**

**Description:** This DVD provides viewers with the knowledge and skills needed to identify the dangers in the Highway Work-zone.

**Type:** Work-Zone Safety

**Provider:**

**Target Audience:** All employees

**Prerequisites:** None

**Length of DVD:** 16 Minutes

**Examination:** No

**PDH:** N/A

### **Iowa DOT: Professional Flagging**

**Description:** This DVD provides viewers with the knowledge and skills needed to identify the dangers associated with flagging, and to perform Basic Traffic Control.

**Type:** Work-Zone Safety  
**Target Audience:** All employees  
**Length of DVD:** 46 Minutes  
**Examination:** No  
**PDH:** N/A

**Provider:**  
**Prerequisites:** None

**Under Construction: Trucking in the Work-Zone**

**Description:** This DVD provides viewers with the knowledge and skills needed to identify the dangers of driving trucks through the Work-Zone Safety area.

**Type:** Work-Zone Safety  
**Target Audience:** All employees  
**Length of DVD:** 10 Minutes  
**Examination:** No  
**PDH:** N/A

**Provider:**  
**Prerequisites:** None

**Work-Zone Safety: Rural and Local Parts 1-6**

**Description:** This DVD provides viewers with the knowledge and skills needed to perform roadway maintenance in the Work-Zone Safety area.

**Type:** Work-Zone Safety  
**Target Audience:** All employees  
**Length of DVD:** 1 Hr, 40 Minutes  
**Examination:** No  
**PDH:** N/A

**Provider:**  
**Prerequisites:** None

**Work-Zone Safety: Trucking Through the Work-Zone**

**Description:** This DVD provides viewers with the knowledge and skills needed to identify the dangers of driving trucks through the Work-Zone Safety area.

**Type:** Work-Zone Safety  
**Target Audience:** All employees  
**Length of DVD:** 7 Minutes  
**Examination:** No  
**PDH:** N/A

**Provider:**  
**Prerequisites:** None

**Field Operations**

**Bituminous Surface Treatment-Patching**

**Description:** This DVD provides viewers with the knowledge and skills needed to recognize the need for and to perform BST patching.

**Type:** Field Operations  
**Target Audience:** All employees  
**Length of DVD:** 16 Minutes  
**Examination:** No  
**PDH:** N/A

**Provider:**  
**Prerequisites:** None

### **C50L Huck-bolt Fastening System**

**Description:** This DVD provides viewers with the knowledge and skills needed to understand how to use the Huck-bolt C50L Fastening System.

**Type:** Field Operations  
**Target Audience:** All employees  
**Length of DVD:** 9 Minutes  
**Examination:** No  
**PDH:** N/A

**Provider:**  
**Prerequisites:** None

### **Contract Mowing**

**Description:** This DVD provides viewers with the knowledge and skills needed to understand how contract mowing is used by the NCDOT.

**Type:** Field Operations  
**Target Audience:** All employees  
**Length of DVD:** 11 Minutes  
**Examination:** No  
**PDH:** N/A

**Provider:**  
**Prerequisites:** None

### **Full Depth Patching**

**Description:** This DVD provides viewers with the knowledge and skills needed to recognize the need for and to perform full depth patching.

**Type:** Field Operations  
**Target Audience:** All employees  
**Length of DVD:** 17 Minutes  
**Examination:** No  
**PDH:** N/A

**Provider:**  
**Prerequisites:** None

### **Full Depth Reclamation**

**Description:** This DVD provides viewers with the knowledge and skills needed to recognize the need for and to perform full depth road reclamation.

**Type:** Field Operations  
**Target Audience:** All employees  
**Length of DVD:** 22 Minutes  
**Examination:** No  
**PDH:** N/A

**Provider:**  
**Prerequisites:** None

### **NCDOT Crime Watch Program**

**Description:** This DVD provides viewers with the knowledge and skills needed to identify and report crime while out in the field.

**Type:** Safety  
**Target Audience:** All employees  
**Length of DVD:** 9 Minutes  
**Examination:** No  
**PDH:** N/A

**Provider:**  
**Prerequisites:** None

**Pavement Structure Repair Techniques: Asphalt Chip Seals**

**Description:** This DVD provides viewers with the knowledge and skills needed to recognize the need for and to perform paving with asphalt chip seals.

**Type:** Field Operations  
**Target Audience:** All employees  
**Length of DVD:** 22 Minutes  
**Examination:** No  
**PDH:** N/A

**Provider:**  
**Prerequisites:** None

**Pavement Structure Repair Techniques: Basic Traffic Control**

**Description:** This DVD provides viewers with the knowledge and skills needed to recognize the need for and to perform basic traffic control as part of road maintenance.

**Type:** Field Operations  
**Target Audience:** All employees  
**Length of DVD:** 11 Minutes  
**Examination:** No  
**PDH:** N/A

**Provider:**  
**Prerequisites:** None

**Pavement Structure Repair Techniques: Crack Sealing**

**Description:** This DVD provides viewers with the knowledge and skills needed to recognize the need for and to perform crack sealing road maintenance.

**Type:** Field Operations  
**Target Audience:** All employees  
**Length of DVD:** 16 Minutes  
**Examination:** No  
**PDH:** N/A

**Provider:**  
**Prerequisites:** None

**Pavement Structure Repair Techniques: Ditch Maintenance**

**Description:** This DVD provides viewers with the knowledge and skills needed to recognize the need for and to perform ditch maintenance.

**Type:** Field Operations  
**Target Audience:** All employees  
**Length of DVD:** 15 Minutes  
**Examination:** No  
**PDH:** N/A

**Provider:**  
**Prerequisites:** None

**Pavement Structure Repair Techniques: Gravel Roads**

**Description:** This DVD provides viewers with the knowledge and skills needed to recognize the need for and to perform maintenance on gravel roads.

**Type:** Field Operations

**Provider:**

**Target Audience:** All employees

**Prerequisites:** None

**Length of DVD:** 27 Minutes

**Examination:** No

**PDH:** N/A

**Pavement Structure Repair Techniques: Pothole Patching**

**Description:** This DVD provides viewers with the knowledge and skills needed to recognize the need for and to perform pothole patching maintenance.

**Type:** Field Operations

**Provider:**

**Target Audience:** All employees

**Prerequisites:** None

**Length of DVD:** 17 Minutes

**Examination:** No

**PDH:** N/A

**Pavement Structure Repair Techniques: Shoulder Maintenance**

**Description:** This DVD provides viewers with the knowledge and skills needed to recognize the need for and to perform shoulder maintenance.

**Type:** Field Operations

**Provider:**

**Target Audience:** All employees

**Prerequisites:** None

**Length of DVD:** 21 Minutes

**Examination:** No

**PDH:** N/A

**Pest Management Level 2**

**Description:** This DVD provides viewers with the knowledge and skills needed to recognize the need for and to perform basic Pest Management.

**Type:** Field Operations

**Provider:**

**Target Audience:** All employees

**Prerequisites:** None

**Length of DVD:** 31 Minutes

**Examination:** No

**PDH:** N/A

**Pest Management Level 4**

**Description:** This DVD provides viewers with the knowledge and skills needed to recognize the need for and to perform advanced Pest Management.

**Type:** Field Operations  
**Target Audience:** All employees  
**Length of DVD:** 20 Minutes  
**Examination:** No  
**PDH:** N/A

**Provider:**  
**Prerequisites:** None

### **Rigging Equipment: Inspecting for Safety**

**Description:** This DVD provides viewers with the knowledge and skills needed to properly inspect rigging equipment for personal safety.

**Type:** Field Operations  
**Target Audience:** All employees  
**Length of DVD:** 16 Minutes  
**Examination:** No  
**PDH:** N/A

**Provider:**  
**Prerequisites:** None

### **Sensible Wood Cutting**

**Description:** This DVD provides viewers with the knowledge and skills needed to recognize the need for and to safely perform basic wood cutting.

**Type:** Field Operations  
**Target Audience:** All employees  
**Length of DVD:** 23 Minutes  
**Examination:** No  
**PDH:** N/A

**Provider:**  
**Prerequisites:** None

### **Surface Defects in Formed Concrete**

**Description:** This DVD provides viewers with the knowledge and skills needed to find and repair surface defects in formed concrete.

**Type:** Field Operations  
**Target Audience:** All employees  
**Length of DVD:** 19 Minutes  
**Examination:** No  
**PDH:** N/A

**Provider:**  
**Prerequisites:** None

### **The Reliable Witness: Direct Tension Indicator**

**Description:** This DVD provides viewers with the knowledge and skills needed to safely use the Direct Tension Indicator.

**Type:** Field Operations  
**Target Audience:** All employees  
**Length of DVD:** 21 Minutes  
**Examination:** No  
**PDH:** N/A

**Provider:**  
**Prerequisites:** None

### **Trenching and Excavation Operations**

**Description:** This DVD provides viewers with the knowledge and skills needed to identify the safety issues with trenching and excavation in the workplace.

**Type:** Field Operations  
**Target Audience:** All employees  
**Length of DVD:** 26 Minutes  
**Examination:** No  
**PDH:** N/A

**Provider:**  
**Prerequisites:** None

### **Trenching Safety I**

**Description:** This DVD provides viewers with the knowledge and skills needed to identify the safety issues with trenching in the workplace.

**Type:** Field Operations  
**Target Audience:** All employees  
**Length of DVD:** 6 Minutes  
**Examination:** No  
**PDH:** N/A

**Provider:**  
**Prerequisites:** None

### **Trenching Safety II**

**Description:** This DVD provides viewers with the knowledge and skills needed to identify the safety issues with trenching in the workplace.

**Type:** Field Operations  
**Target Audience:** All employees  
**Length of DVD:** 6 Minutes  
**Examination:** No  
**PDH:** N/A

**Provider:**  
**Prerequisites:** None

### **Wheelbarrows**

**Description:** This DVD provides viewers with the knowledge and skills needed to properly operate a wheelbarrow in the workplace.

**Type:** Field Operations  
**Target Audience:** All employees  
**Length of DVD:** 6 Minutes  
**Examination:** No  
**PDH:** N/A

**Provider:**  
**Prerequisites:** None

### **ZAP! Power Line Safety**

**Description:** This DVD provides viewers with the knowledge and skills needed to identify the dangers associated with power lines in the work-place

**Type:** Field Operations  
**Target Audience:** All employees  
**Length of DVD:** 4 Minutes  
**Examination:** No  
**PDH:** N/A

**Provider:**  
**Prerequisites:** None

## **Environmental**

### **A Good Tomorrow: NCDOT-REU**

**Description:** This DVD provides viewers with an introduction to roadside environmental concerns for NCDOT Roadway Maintenance Workers.

**Type:** Environmental

**Provider:**

**Target Audience:** All employees

**Prerequisites:** None

**Length of DVD:** 8 Minutes

**Examination:** No

**PDH:** N/A

### **Erosion and Sediment Control Practices Part I**

**Description:** This DVD provides viewers with the knowledge and skills needed to recognize the need for and to perform basic erosion and sediment control practices.

**Type:** Environmental

**Provider:**

**Target Audience:** All employees

**Prerequisites:** None

**Length of DVD:** 49 Minutes

**Examination:** No

**PDH:** N/A

### **Erosion and Sediment Control Practices Part II**

**Description:** This DVD provides viewers with the knowledge and skills needed to recognize the need for and to perform basic erosion and sediment control practices.

**Type:** Environmental

**Provider:**

**Target Audience:** All employees

**Prerequisites:** None

**Length of DVD:** 42 Minutes

**Examination:** No

**PDH:** N/A

### **Introduction to Erosion Control**

**Description:** This DVD provides viewers with the knowledge and skills needed to recognize the need for and to perform basic erosion control.

**Type:** Environmental

**Provider:**

**Target Audience:** All employees

**Prerequisites:** None

**Length of DVD:** 31 Minutes

**Examination:** No

**PDH:** N/A

### **Install Erosion Control Devices**

**Description:** This DVD provides viewers with the knowledge and skills needed to recognize the need for and to perform the installation of erosion control devices.

**Type:** Environmental  
**Target Audience:** All employees  
**Length of DVD:** 52 Minutes  
**Examination:** No  
**PDH:** N/A

**Provider:**  
**Prerequisites:** None

### **Sediment Control**

**Description:** This DVD provides viewers with the knowledge and skills needed to recognize the need for and to perform basic sediment control.

**Type:** Environmental  
**Target Audience:** All employees  
**Length of DVD:** 49 Minutes  
**Examination:** No  
**PDH:** N/A

**Provider:**  
**Prerequisites:** None

### **Storm-water Pollution Prevention**

**Description:** This DVD provides viewers with the knowledge and skills needed to recognize the need for and to perform basic storm-water pollution control practices.

**Type:** Environmental  
**Target Audience:** All employees  
**Length of DVD:** 49 Minutes  
**Examination:** No  
**PDH:** N/A

**Provider:**  
**Prerequisites:** None

### **Vegetation Management**

**Description:** This DVD provides viewers with the knowledge and skills needed to recognize the need for and to perform basic vegetation management.

**Type:** Environmental  
**Target Audience:** All employees  
**Length of DVD:** 28 Minutes  
**Examination:** No  
**PDH:** N/A

**Provider:**  
**Prerequisites:** None

## **Personnel**

### **Peer Pressure**

**Description:** This DVD provides viewers with the knowledge and skills needed to identify safety issues in the workplace prompted by peer pressure.

**Type:** Personnel  
**Target Audience:** All employees  
**Length of DVD:** 5 Minutes  
**Examination:** No  
**PDH:** N/A

**Provider:**  
**Prerequisites:** None

### **Violence in the Workplace**

**Description:** This DVD provides viewers with the knowledge and skills needed to identify the potential dangers of violence in the workplace.

**Type:** Personnel  
**Target Audience:** All employees  
**Length of DVD:** 7 Minutes  
**Examination:** No  
**PDH:** N/A

**Provider:**  
**Prerequisites:** None

### **Safety Films**

#### **A Better Way: Defensive Driving**

**Description:** This DVD provides viewers with the knowledge and skills needed to identify the potential dangers involved in operating a motor vehicle.

**Type:** Safety  
**Target Audience:** All employees  
**Length of DVD:** 25 Minutes  
**Examination:** No  
**PDH:** N/A

**Provider:**  
**Prerequisites:** None

#### **AC Heat stick**

**Description:** This DVD provides viewers with the knowledge and skills needed to identify the potential dangers involved with electricity using the AC Heat stick.

**Type:** Safety  
**Target Audience:** All employees  
**Length of DVD:** 18 Minutes  
**Examination:** No  
**PDH:** N/A

**Provider:**  
**Prerequisites:** None

#### **Adopt A Highway Safety Program**

**Description:** This DVD provides viewers with the knowledge and skills needed to safely pick up litter alongside NC roadways as part of the Adopt a Highway Program.

**Type:** Safety  
**Target Audience:** All employees  
**Length of DVD:** 6 Minutes  
**Examination:** No  
**PDH:** N/A

**Provider:**  
**Prerequisites:** None

### **Asbestos in the Workplace**

**Description:** This DVD provides viewers with the knowledge and skills needed to identify the potential dangers involved with asbestos in the work area.

**Type:** Safety  
**Target Audience:** All employees  
**Length of DVD:** 10 Minutes  
**Examination:** No  
**PDH:** N/A

**Provider:**  
**Prerequisites:** None

### **Avoiding Poisonous Plants**

**Description:** This DVD provides viewers with the knowledge and skills needed to identify the potential dangers poisonous plants in the outside work area.

**Type:** Safety  
**Target Audience:** All employees  
**Length of DVD:** 12 Minutes  
**Examination:** No  
**PDH:** N/A

**Provider:**  
**Prerequisites:** None

### **Basic First Aid**

**Description:** This DVD provides viewers with the knowledge and skills needed to recognize when first aid is needed and how to perform basic first aid steps.

**Type:** Safety  
**Target Audience:** All employees  
**Length of DVD:** 13 Minutes  
**Examination:** No  
**PDH:** N/A

**Provider:**  
**Prerequisites:** None

### **Battling Fatigue**

**Description:** This DVD provides viewers with the knowledge and skills needed to recognize when fatigue is affecting you on the job.

**Type:** Safety  
**Target Audience:** All employees  
**Length of DVD:** 5 Minutes  
**Examination:** No  
**PDH:** N/A

**Provider:**  
**Prerequisites:** None

### **Blood-borne Pathogens**

**Description:** This DVD provides viewers with the knowledge and skills needed to avoid transmitting illness and disease from blood-borne pathogens.

**Type:** Safety  
**Target Audience:** All employees  
**Length of DVD:** 5 Minutes  
**Examination:** No  
**PDH:** N/A

**Provider:**  
**Prerequisites:** None

### **Carbon Monoxide**

**Description:** This DVD provides viewers with the knowledge and skills needed to identify the dangers of carbon monoxide at home and the workplace.

**Type:** Safety  
**Target Audience:** All employees  
**Length of DVD:** 5 Minutes  
**Examination:** No  
**PDH:** N/A

**Provider:**  
**Prerequisites:** None

### **Cellular Phones and Two-Way Radios**

**Description:** This DVD provides viewers with the knowledge and skills needed for identification of the dangers of using these devices while driving.

**Type:** Safety  
**Target Audience:** All employees  
**Length of DVD:** 6 Minutes  
**Examination:** No  
**PDH:** N/A

**Provider:**  
**Prerequisites:** None

### **Circle of Safety**

**Description:** This DVD provides viewers with the knowledge and skills needed to identify dangers in the workplace.

**Type:** Safety  
**Target Audience:** All employees  
**Length of DVD:** 8 Minutes  
**Examination:** No  
**PDH:** N/A

**Provider:**  
**Prerequisites:** None

### **Cracking the Code: Material Safety Data Sheets**

**Description:** This DVD provides viewers with the knowledge and skills needed to identify the dangers of working with chemicals in the workplace.

**Type:** Safety  
**Target Audience:** All employees  
**Length of DVD:** 6 Minutes  
**Examination:** No  
**PDH:** N/A

**Provider:**  
**Prerequisites:** None

### **Decontamination**

**Description:** This DVD provides viewers with the knowledge and skills needed to decontaminate yourself and the workplace in the event of a chemical spill.

**Type:** Safety  
**Target Audience:** All employees  
**Length of DVD:** 6 Minutes  
**Examination:** No  
**PDH:** N/A

**Provider:**  
**Prerequisites:** None

### **Dreams into Nightmares**

**Description:** This DVD provides viewers with the knowledge and skills needed to identify dangers in the home and workplace.

**Type:** Safety  
**Target Audience:** All employees  
**Length of DVD:** 5 Minutes  
**Examination:** No  
**PDH:** N/A

**Provider:**  
**Prerequisites:** None

### **Driver Attitude**

**Description:** This DVD provides viewers with the knowledge and skills needed to identify dangers while driving.

**Type:** Safety  
**Target Audience:** All employees  
**Length of DVD:** 7 Minutes  
**Examination:** No  
**PDH:** N/A

**Provider:**  
**Prerequisites:** None

### **Equipment Mounting & Dismounting Using the 3 Point System**

**Description:** This DVD provides viewers with the knowledge and skills needed to identify proper mounting and dismounting using the 3 point system.

**Type:** Safety  
**Target Audience:** All employees  
**Length of DVD:** 10 Minutes  
**Examination:** No  
**PDH:** N/A

**Provider:**  
**Prerequisites:** None

### **Fall Protection Systems Overview**

**Description:** This DVD provides viewers with the knowledge and skills needed to identify and use various fall protection systems in the workplace.

**Type:** Safety  
**Target Audience:** All employees  
**Length of DVD:** 7 Minutes  
**Examination:** No  
**PDH:** N/A

**Provider:**  
**Prerequisites:** None

### **Falls**

**Description:** This DVD provides viewers with the knowledge and skills needed to identify various fall hazards at home and the workplace.

**Type:** Safety  
**Target Audience:** All employees  
**Length of DVD:** 4 Minutes  
**Examination:** No  
**PDH:** N/A

**Provider:**  
**Prerequisites:** None

### **Fire Safety**

**Description:** This DVD provides viewers with the knowledge and skills needed to identify the potential dangers fire in the workplace.

**Type:** Safety  
**Target Audience:** All employees  
**Length of DVD:** 21 Minutes  
**Examination:** No  
**PDH:** N/A

**Provider:**  
**Prerequisites:** None

### **Five Steps to Ladder Safety**

**Description:** This DVD provides viewers with the knowledge and skills needed to identify the dangers of using ladders at home and in the workplace.

**Type:** Safety  
**Target Audience:** All employees  
**Length of DVD:** 5 Minutes  
**Examination:** No  
**PDH:** N/A

**Provider:**  
**Prerequisites:** None

### **Flammables**

**Description:** This DVD provides viewers with the knowledge and skills needed to identify various types of flammables and the dangers of using them.

**Type:** Safety  
**Target Audience:** All employees  
**Length of DVD:** 6 Minutes  
**Examination:** No  
**PDH:** N/A

**Provider:**  
**Prerequisites:** None

### **Gases At Home and Work**

**Description:** This DVD provides viewers with the knowledge and skills needed to identify the dangers of using various gases at home and the workplace.

**Type:** Safety  
**Target Audience:** All employees  
**Length of DVD:** 5 Minutes  
**Examination:** No  
**PDH:** N/A

**Provider:**  
**Prerequisites:** None

### **Getting Your Back into It**

**Description:** This DVD provides viewers with the knowledge and skills needed to avoid back injuries at home and in the workplace.

**Type:** Safety  
**Target Audience:** All employees  
**Length of DVD:** 4 Minutes  
**Examination:** No  
**PDH:** N/A

**Provider:**  
**Prerequisites:** None

### **Good Driving is an Attitude**

**Description:** This DVD provides viewers with the knowledge and skills needed to identify driving dangers on the road.

**Type:** Safety  
**Target Audience:** All employees  
**Length of DVD:** 4 Minutes  
**Examination:** No  
**PDH:** N/A

**Provider:**  
**Prerequisites:** None

### **Hazard Assessment**

**Description:** This DVD provides viewers with the knowledge and skills needed to assess hazards at home and in the workplace.

**Type:** Safety  
**Target Audience:** All employees  
**Length of DVD:** 13 Minutes  
**Examination:** No  
**PDH:** N/A

**Provider:**  
**Prerequisites:** None

### **Hazard Communication**

**Description:** This DVD provides viewers with the knowledge and skills needed to recognize hazards at home and in the workplace.

**Type:** Safety  
**Target Audience:** All employees  
**Length of DVD:** 18 Minutes  
**Examination:** No  
**PDH:** N/A

**Provider:**  
**Prerequisites:** None

### **Haz-Com: Introduction to the Materials Safety Data Sheets**

**Description:** This DVD provides viewers with the knowledge and skills needed to identify the hazards of chemicals using the MSDS sheets.

**Type:** Safety  
**Target Audience:** All employees  
**Length of DVD:** 5 Minutes  
**Examination:** No  
**PDH:** N/A

**Provider:**  
**Prerequisites:** None

### **Haz-Com: Your Right to Know**

**Description:** This DVD provides viewers with the knowledge and skills needed to identify various chemicals in use at the workplace.

**Type:** Safety  
**Target Audience:** All employees  
**Length of DVD:** 6 Minutes  
**Examination:** No  
**PDH:** N/A

**Provider:**  
**Prerequisites:** None

### **Hearing Safety**

**Description:** This DVD provides viewers with the knowledge and skills needed to avoid hearing injuries in the workplace by using protection devices

**Type:** Safety  
**Target Audience:** All employees  
**Length of DVD:** 5 Minutes  
**Examination:** No  
**PDH:** N/A

**Provider:**  
**Prerequisites:** None

### **Hearing Safety (Extended)**

**Description:** This DVD provides viewers with the knowledge and skills needed to avoid hearing injuries in the workplace by using protection devices

**Type:** Safety  
**Target Audience:** All employees  
**Length of DVD:** 16 Minutes  
**Examination:** No  
**PDH:** N/A

**Provider:**  
**Prerequisites:** None

### **Home Fire Evacuation**

**Description:** This DVD provides viewers with the knowledge and skills needed to identify the dangers of a home fire and how to evacuate the home.

**Type:** Safety  
**Target Audience:** All employees  
**Length of DVD:** 17 Minutes  
**Examination:** No  
**PDH:** N/A

**Provider:**  
**Prerequisites:** None

### **Home Safety**

**Description:** This DVD provides viewers with the knowledge and skills needed to identify the dangers at home and how to prevent them.

**Type:** Safety  
**Target Audience:** All employees  
**Length of DVD:** 21 Minutes  
**Examination:** No  
**PDH:** N/A

**Provider:**  
**Prerequisites:** None

### **Incident Management Response Plan**

**Description:** This DVD provides viewers with the knowledge and skills needed to create an Incident Management Response Plan.

**Type:** Safety  
**Target Audience:** All employees  
**Length of DVD:** 16 Minutes  
**Examination:** No  
**PDH:** N/A

**Provider:**  
**Prerequisites:** None

### **Job-Site Safety**

**Description:** This DVD provides viewers with the knowledge and skills needed to identify the dangers at the job-site and how to prevent them.

**Type:** Safety  
**Target Audience:** All employees  
**Length of DVD:** 21 Minutes  
**Examination:** No  
**PDH:** N/A

**Provider:**  
**Prerequisites:** None

### **Just Horsing Around**

**Description:** This DVD provides viewers with the knowledge and skills needed to identify the dangers associated with horsing around at the workplace.

**Type:** Safety  
**Target Audience:** All employees  
**Length of DVD:** 4 Minutes  
**Examination:** No  
**PDH:** N/A

**Provider:**  
**Prerequisites:** None

### **Lead in the Workplace**

**Description:** This DVD provides viewers with the knowledge and skills needed to identify the dangers of using lead in the workplace.

**Type:** Safety  
**Target Audience:** All employees  
**Length of DVD:** 7 Minutes  
**Examination:** No  
**PDH:** N/A

**Provider:**  
**Prerequisites:** None

### **Lead, Treat it with Respect**

**Description:** This DVD provides viewers with the knowledge and skills needed to identify the dangers of using lead in the workplace.

**Type:** Safety  
**Target Audience:** All employees  
**Length of DVD:** 17 Minutes  
**Examination:** No  
**PDH:** N/A

**Provider:**  
**Prerequisites:** None

### **Lyme disease**

**Description:** This DVD provides viewers with the knowledge and skills needed to identify the dangers of tick-borne Lyme disease.

**Type:** Safety  
**Target Audience:** All employees  
**Length of DVD:** 6 Minutes  
**Examination:** No  
**PDH:** N/A

**Provider:**  
**Prerequisites:** None

### **Machine Lockout: Controlling Hazardous Energy**

**Description:** This DVD provides viewers with the knowledge and skills needed to avoid various accidents with industrial and construction equipment.

**Type:** Safety  
**Target Audience:** All employees  
**Length of DVD:** 20 Minutes  
**Examination:** No  
**PDH:** N/A

**Provider:**  
**Prerequisites:** None

### **Making Safer Roads: Roadside hazards**

**Description:** This DVD provides viewers with the knowledge and skills needed to identify and limit roadside hazards.

**Type:** Safety  
**Target Audience:** All employees  
**Length of DVD:** 12 Minutes  
**Examination:** No  
**PDH:** N/A

**Provider:**  
**Prerequisites:** None

### **Near Misses**

**Description:** This DVD provides viewers with the knowledge and skills needed to avoid various accidents in the workplace.

**Type:** Safety  
**Target Audience:** All employees  
**Length of DVD:** 4 Minutes  
**Examination:** No  
**PDH:** N/A

**Provider:**  
**Prerequisites:** None

### **Outdoor Safety: Critters and Plants**

**Description:** This DVD provides viewers with the knowledge and skills needed to identify the dangers of animals and plants out in the field workplace.

**Type:** Safety  
**Target Audience:** All employees  
**Length of DVD:** 5 Minutes  
**Examination:** No  
**PDH:** N/A

**Provider:**  
**Prerequisites:** None

### **Oxy-Fuel Safety**

**Description:** This DVD provides viewers with the knowledge and skills needed to identify the dangers of using oxy-fuel in the workplace.

**Type:** Safety  
**Target Audience:** All employees  
**Length of DVD:** 32 Minutes  
**Examination:** No  
**PDH:** N/A

**Provider:**  
**Prerequisites:** None

### **Personal Fall Arrest Systems**

**Description:** This DVD provides viewers with the knowledge and skills needed to identify and use various fall arresting systems in the workplace.

**Type:** Safety  
**Target Audience:** All employees  
**Length of DVD:** 6 Minutes  
**Examination:** No  
**PDH:** N/A

**Provider:**  
**Prerequisites:** None

### **Personal Protective Equipment**

**Description:** This DVD provides viewers with the knowledge and skills needed to properly use personal protective equipment in the workplace.

**Type:** Safety  
**Target Audience:** All employees  
**Length of DVD:** 15 Minutes  
**Examination:** No  
**PDH:** N/A

**Provider:**  
**Prerequisites:** None

### **Portable Fire Extinguishers**

**Description:** This DVD provides viewers with the knowledge and skills needed to properly use portable fire extinguishers at home and in the workplace.

**Type:** Safety  
**Target Audience:** All employees  
**Length of DVD:** 12 Minutes  
**Examination:** No  
**PDH:** N/A

**Provider:**  
**Prerequisites:** None

### **Respiratory Protection**

**Description:** This DVD provides viewers with the knowledge and skills needed to recognize when respiratory protection is needed in the workplace.

**Type:** Safety  
**Target Audience:** All employees  
**Length of DVD:** 26 Minutes  
**Examination:** No  
**PDH:** N/A

**Provider:**  
**Prerequisites:** None

### **Safe Lifting Techniques**

**Description:** This DVD provides viewers with the knowledge and skills needed to identify and combat back injuries in the workplace.

**Type:** Safety  
**Target Audience:** All employees  
**Length of DVD:** 5 Minutes  
**Examination:** No  
**PDH:** N/A

**Provider:**  
**Prerequisites:** None

### **Safe Rigging Practices**

**Description:** This DVD provides viewers with the knowledge and skills needed to identify and work with safe rigging practices and systems in the workplace.

**Type:** Safety  
**Target Audience:** All employees  
**Length of DVD:** 18 Minutes  
**Examination:** No  
**PDH:** N/A

**Provider:**  
**Prerequisites:** None

### **Safe Work Practices in Construction**

**Description:** This DVD provides viewers with the knowledge and skills needed to identify and avoid un-safe work practices on the job.

**Type:** Safety  
**Target Audience:** All employees  
**Length of DVD:** 11 Minutes  
**Examination:** No  
**PDH:** N/A

**Provider:**  
**Prerequisites:** None

### **Safety Orientation: It Takes a Winning Attitude**

**Description:** This DVD provides viewers with the knowledge and skills needed to identify and avoid un-safe work practices on the job.

**Type:** Safety  
**Target Audience:** All employees  
**Length of DVD:** 22 Minutes  
**Examination:** No  
**PDH:** N/A

**Provider:**  
**Prerequisites:** None

### **Safety Signs**

**Description:** This DVD provides viewers with the knowledge and skills needed to identify the various safety signs in use at the workplace.

**Type:** Safety  
**Target Audience:** All employees  
**Length of DVD:** 6 Minutes  
**Examination:** No  
**PDH:** N/A

**Provider:**  
**Prerequisites:** None

### **Scaffolding Safety**

**Description:** This DVD provides viewers with the knowledge and skills needed to identify and combat potential injuries when using scaffolding in the workplace.

**Type:** Safety  
**Target Audience:** All employees  
**Length of DVD:** 18 Minutes  
**Examination:** No  
**PDH:** N/A

**Provider:**  
**Prerequisites:** None

### **Slippin' and Slidin'**

**Description:** This DVD provides viewers with the knowledge and skills needed to identify the dangers of walking on slippery surfaces.

**Type:** Safety  
**Target Audience:** All employees  
**Length of DVD:** 4 Minutes  
**Examination:** No  
**PDH:** N/A

**Provider:**  
**Prerequisites:** None

### **Slips, Trips and Falls**

**Description:** This DVD provides viewers with the knowledge and skills needed to identify the dangers of walking on slippery or uneven surfaces.

**Type:** Safety  
**Target Audience:** All employees  
**Length of DVD:** 5 Minutes  
**Examination:** No  
**PDH:** N/A

**Provider:**  
**Prerequisites:** None

### **The Accident: What to Do?**

**Description:** This DVD provides viewers with the knowledge and skills needed to properly react to an accident.

**Type:** Safety  
**Target Audience:** All employees  
**Length of DVD:** 5 Minutes  
**Examination:** No  
**PDH:** N/A

**Provider:**  
**Prerequisites:** None

### **The Hazards of Electricity**

**Description:** This DVD provides viewers with the knowledge and skills needed to identify the dangers of electricity on the workplace.

**Type:** Safety  
**Target Audience:** All employees  
**Length of DVD:** 5 Minutes  
**Examination:** No  
**PDH:** N/A

**Provider:**  
**Prerequisites:** None

### **The Power of Electricity**

**Description:** This DVD provides viewers with the knowledge and skills needed to identify the dangers of electricity at home and the workplace.

**Type:** Safety  
**Target Audience:** All employees  
**Length of DVD:** 5 Minutes  
**Examination:** No  
**PDH:** N/A

**Provider:**  
**Prerequisites:** None

### **The Sealed Corridor: Railroad Crossing Safety**

**Description:** This DVD provides viewers with the knowledge and skills needed to identify and help eliminate the dangers at railroad crossings.

**Type:** Safety  
**Target Audience:** All employees  
**Length of DVD:** 8 Minutes  
**Examination:** No  
**PDH:** N/A

**Provider:**  
**Prerequisites:** None

### **Tick Disease Prevention**

**Description:** This DVD provides viewers with the knowledge and skills needed to identify the dangers of tick-borne diseases.

**Type:** Safety  
**Target Audience:** All employees  
**Length of DVD:** 15 Minutes  
**Examination:** No  
**PDH:** N/A

**Provider:**  
**Prerequisites:** None

### **Welding & Cutting Safety**

**Description:** This DVD provides viewers with the knowledge and skills needed to identify the dangers of welding and cutting in the workplace.

**Type:** Safety  
**Target Audience:** All employees  
**Length of DVD:** 26 Minutes  
**Examination:** No  
**PDH:** N/A

**Provider:**  
**Prerequisites:** None

### **Wellness: Fitness**

**Description:** This DVD provides viewers with the knowledge and skills needed to properly use fitness training as a part of a personal wellness program.

**Type:** Safety  
**Target Audience:** All employees  
**Length of DVD:** 5 Minutes  
**Examination:** No  
**PDH:** N/A

**Provider:**  
**Prerequisites:** None

### **Wellness: Stop Smoking**

**Description:** This DVD provides viewers with the knowledge and skills needed to quit smoking as part of a personal wellness program.

**Type:** Safety  
**Target Audience:** All employees  
**Length of DVD:** 5 Minutes  
**Examination:** No  
**PDH:** N/A

**Provider:**  
**Prerequisites:** None

### **Working Around Flammables and Combustibles**

**Description:** This DVD provides viewers with the knowledge and skills needed to identify various types of flammables and the dangers of using them.

**Type:** Safety  
**Target Audience:** All employees  
**Length of DVD:** 5 Minutes  
**Examination:** No  
**PDH:** N/A

**Provider:**  
**Prerequisites:** None

### **Working Around Scaffolding**

**Description:** This DVD provides viewers with the knowledge and skills needed to identify the dangers of working with scaffolding in the workplace.

**Type:** Safety  
**Target Audience:** All employees  
**Length of DVD:** 6 Minutes  
**Examination:** No  
**PDH:** N/A

**Provider:**  
**Prerequisites:** None

### **Workplace Safety Program**

**Description:** This DVD provides viewers with the knowledge and skills needed to develop a workplace safety program.

**Type:** Safety  
**Target Audience:** All employees  
**Length of DVD:** 10 Minutes  
**Examination:** No  
**PDH:** N/A

**Provider:**  
**Prerequisites:** None

### **Other**

#### **NCDOT On-Line Training Videos:**

**-Proper Pipe Installation and Winter Operations at the following link:**

<http://www.ncdot.gov/programs/srmu/videos/default.html>

SRMU Training DVDs Order List

|  |                          | County |  |  |  | Duration  | Needed?<br>(Check the Box) |
|--|--------------------------|--------|--|--|--|-----------|----------------------------|
| Div:                                       |                          | Yard:  |  |  |  |           |                            |
| Category/Title                             |                          |        |  |  |  |           |                            |
| <b>Equipment Opns</b>                      |                          |        |  |  |  |           |                            |
| Backing Safety                             |                          |        |  |  |  | 5 Mins    |                            |
| Backing Up                                 |                          |        |  |  |  | 5 Mins    |                            |
| Bandit Chippers and Stump Grinders         |                          |        |  |  |  | 18 Mins   |                            |
| Bucket Trucks                              |                          |        |  |  |  | 5 Mins    |                            |
| Car Jacks                                  |                          |        |  |  |  | 5 Mins    |                            |
| Case Backhoe Safety                        |                          |        |  |  |  | 14 Mins   |                            |
| CDL-Pre Trip Inspection                    |                          |        |  |  |  | 19 Mins   |                            |
| Chains and Safety                          |                          |        |  |  |  | 6 Mins    |                            |
| Cold Milling Machine                       |                          |        |  |  |  | 25 Mins   |                            |
| Crane Operation Safety and Maintenance     |                          |        |  |  |  | 1:40 Hrs. |                            |
| Driving Straight Trucks                    |                          |        |  |  |  | 12 Mins   |                            |
| Hand and Power Tools Safety                |                          |        |  |  |  | 15 Mins   |                            |
| Hand-fed Brush Chipper Safety              |                          |        |  |  |  | 12 Mins   |                            |
| Highway Work Zone Safety: The Basics       |                          |        |  |  |  | 16 Mins   |                            |
| How to Operate An A-Boom                   |                          |        |  |  |  | 8 Mins    |                            |
| Hyundai Front Loader                       |                          |        |  |  |  | 11 Mins   |                            |
| JCB Backhoe Loader Safety                  |                          |        |  |  |  | 15 Mins   |                            |
| John Deere 7000 Series Ten Tractor         |                          |        |  |  |  | 1:17 Hrs. |                            |
| Safe Driver Training                       |                          |        |  |  |  | 52 Mins   |                            |
| Seat Belt Safety                           |                          |        |  |  |  | 5 Mins    |                            |
| Shock Hazards, Power Tools                 |                          |        |  |  |  | 5 Mins    |                            |
| Tractor Safety                             |                          |        |  |  |  | 6 Mins    |                            |
| Transport Trailer Safety                   |                          |        |  |  |  | 25 Mins   |                            |
| Vermeer Brush Chipper                      |                          |        |  |  |  | 14 Mins   |                            |
| <b>Winter Opns</b>                         |                          |        |  |  |  |           |                            |
| Anatomy of a Winter Storm                  |                          |        |  |  |  | 13 Mins   |                            |
| FHWA: Anti-icing for Maintenance Personnel |                          |        |  |  |  | 12 Mins   |                            |
| FHWA: What is Anti-Icing?                  |                          |        |  |  |  | 9 Mins    |                            |
| Iowa DOT Winter Operations                 | Anti-Icing/De-Icing      |        |  |  |  | 30 Mins   |                            |
| Iowa DOT Winter Operations                 | Winter Weather Resources |        |  |  |  | 35 Mins   |                            |
| Pre-Wetting with Liquid Calcium Chloride   |                          |        |  |  |  | 13 Mins   |                            |
| Snow and ice Control                       |                          |        |  |  |  | 12 Mins   |                            |
| Snow fighters                              |                          |        |  |  |  | 20 Mins   |                            |
| Snowplow Safety                            |                          |        |  |  |  | 22 Mins   |                            |
| Staying Ahead of the Storm                 |                          |        |  |  |  | 20 Mins   |                            |
| Wetted Salt with Calcium Chloride          |                          |        |  |  |  | 20Mins    |                            |

|                     |  |  |  |  |  |        |  |
|---------------------|--|--|--|--|--|--------|--|
| Winter Driving      |  |  |  |  |  | 4 Mins |  |
| Working in the Cold |  |  |  |  |  | 5 Mins |  |

|  |  |  |  |  |  |          |  |
|--|--|--|--|--|--|----------|--|
| <b>Work zone</b>                                 |  |  |  |  |  |          |  |
| A Sudden Change of Plans                         |  |  |  |  |  | 7 Mins   |  |
| Basic Traffic Control                            |  |  |  |  |  | 13 Mins  |  |
| ITRE: Flagger Training                           |  |  |  |  |  | 22 Mins  |  |
| Highway Work Zone Safety: The Basics             |  |  |  |  |  | 16 Mins  |  |
| Iowa DOT Professional Flagging                   |  |  |  |  |  | 46 Mins  |  |
| Under Construction: Trucking in the Work Zone    |  |  |  |  |  |          |  |
| Work Zone Safety: Rural & Local Parts 1-6        |  |  |  |  |  | 1:40 Hrs |  |
| Work Zone Safety: Trucking Through the Work zone |  |  |  |  |  | 7 Mins   |  |

|  |  |  |  |  |  |          |  |
|--|--|--|--|--|--|----------|--|
| <b>Field Opns</b>                                    |  |  |  |  |  |          |  |
| Bituminous Surface Treatments Patching               |  |  |  |  |  | 16 Mins  |  |
| C50L Huck bolt Fastening System                      |  |  |  |  |  | 9 Mins   |  |
| Contract Mowing                                      |  |  |  |  |  | 11 Mins  |  |
| Full Depth Patching                                  |  |  |  |  |  | 17 Mins  |  |
| Full Depth Reclamation                               |  |  |  |  |  | 12 Mins  |  |
| NDOT Crime Watch Program                             |  |  |  |  |  | 9 Mins   |  |
| Pavement Structure Repair Tech Asphalt Chip Seals    |  |  |  |  |  | 22 Mins  |  |
| Pavement Structure Repair Tech Basic Traffic Control |  |  |  |  |  | 11 Mins  |  |
| Pavement Structure Repair Tech Crack Sealing         |  |  |  |  |  | 16 Mins  |  |
| Pavement Structure Repair Tech: Ditch Maintenance    |  |  |  |  |  | 16 Mins  |  |
| Pavement Structure Repair Tech Gravel Roads          |  |  |  |  |  | 27 Mins  |  |
| Pavement Structure Repair Tech Pothole Patching      |  |  |  |  |  | 17 Mins  |  |
| Pavement Structure Repair Tech: Shoulder Maintenance |  |  |  |  |  | 21 Mins. |  |
| Pest Management Level 2                              |  |  |  |  |  | 31 Mins  |  |
| Pest Management Level 4                              |  |  |  |  |  | Unk.     |  |
| Rigging Equip: Inspecting for Safety                 |  |  |  |  |  | 16 Mins  |  |
| Sensible Wood Cutting                                |  |  |  |  |  | 23 Mins  |  |
| Surface Defects in Formed Concrete                   |  |  |  |  |  | 19 Mins  |  |
| The Reliable Witness Direct Tension Indicator        |  |  |  |  |  | 21 Mins  |  |
| Trenching and Excavation Opns                        |  |  |  |  |  | 26 Mins  |  |
| Trenching Safety I                                   |  |  |  |  |  | 6 Mins   |  |
| Trenching Safety II                                  |  |  |  |  |  | 6 Mins   |  |
| Wheelbarrows   |  |  |  |  |  | 6 Mins   |  |
| Zap Power Line Safety                                |  |  |  |  |  | 4 Mins   |  |

| <b>Environment</b>                           |  |  |  |  |  |         |  |
|--|--|--|--|--|--|---------|--|
| A Good Tomorrow NCDOT-REU                    |  |  |  |  |  | 8 Mins  |  |
| Erosion and Sediment Control Practices Pt I  |  |  |  |  |  | 49 Mins |  |
| Erosion and Sediment Control Practices Pt II |  |  |  |  |  | 42 Mins |  |
| Intro. To Erosion Control                    |  |  |  |  |  | 15 Mins |  |
| Install Erosion Control Devices              |  |  |  |  |  | 52 Mins |  |
| Sediment Control                             |  |  |  |  |  | 49 Mins |  |
| Storm water Pollution Prevention             |  |  |  |  |  | 35 Mins |  |
| Vegetation Management                        |  |  |  |  |  | 28 Mins |  |

| <b>Personnel</b>          |  |  |  |  |  |        |  |
|---------------------------|--|--|--|--|--|--------|--|
| Peer Pressure             |  |  |  |  |  | 5 Mins |  |
| Violence in the Workplace |  |  |  |  |  | 7 Mins |  |

| <b>Safety</b>                                  |  |  |  |  |  |          |  |
|--|--|--|--|--|--|----------|--|
| A Better Way Defensive Driving                 |  |  |  |  |  | 25 Mins  |  |
| AC Heatstick                                   |  |  |  |  |  | 18 Mins  |  |
| Adopt a Highway Safety Program                 |  |  |  |  |  | 6 Mins   |  |
| Asbestos in the Workplace                      |  |  |  |  |  | 10 Mins  |  |
| Avoiding Poisonous Plants                      |  |  |  |  |  | 12 Mins  |  |
| Basic First Aid                                |  |  |  |  |  | 13 Mins  |  |
| Battling Fatigue                               |  |  |  |  |  | 5 Mins   |  |
| Blood-borne Pathogens                          |  |  |  |  |  | 5 Mins   |  |
| Carbon Monoxide                                |  |  |  |  |  | 5 Mins   |  |
| Cellular Phones and 2 Way Radios               |  |  |  |  |  | 6 Mins   |  |
| Circle of Safety                               |  |  |  |  |  | 8 Mins   |  |
| Cracking the Code MSDS                         |  |  |  |  |  | 6 Mins   |  |
| Decontamination                                |  |  |  |  |  | 6 Mins   |  |
| Dreams Into Nightmares                         |  |  |  |  |  | 5 Mins   |  |
| Driver Attitude                                |  |  |  |  |  | 7 Mins   |  |
| Equipment Mounting and Dismounting 3 Pt System |  |  |  |  |  | 10 Mins  |  |
| Fall Protection Systems Overview               |  |  |  |  |  | 7 Mins   |  |
| Falls  |  |  |  |  |  | 4 Mins   |  |
| Fire Safety                                    |  |  |  |  |  | 21 Mins. |  |
| Five Steps to Ladder Safety                    |  |  |  |  |  | 5 Mins   |  |
| Flammables                                     |  |  |  |  |  | 6 Mins   |  |
| Gases at Home and Work                         |  |  |  |  |  | 5 Mins   |  |
| Getting Your Back Into It                      |  |  |  |  |  | 4 Mins   |  |
| Good Driving is an Attitude                    |  |  |  |  |  | 4 Mins   |  |
| Hazard Assessment                              |  |  |  |  |  | 13 Mins  |  |
| Hazard Communication                           |  |  |  |  |  | 18 Mins  |  |
| Haz Com Intro to MSDS                          |  |  |  |  |  | 5 Mins   |  |
| Haz Com Your Right to Know                     |  |  |  |  |  | 6 Mins   |  |
| Hearing Safety                                 |  |  |  |  |  | 5 Mins   |  |
| Hearing Safety (Extended)                      |  |  |  |  |  | 16 Mins  |  |

