

### **Stir Fry Rice & Chicken w/Summer Squash**

1 cup uncooked rice

½ cup chicken broth and ½ cup water (combined)

Cook rice in chicken broth

In stir fry pan or skillet:

1 Diced chicken breast stir fried in small amount of olive oil, fresh garlic

ADD- Zucchini, Yellow Squash, Fresh Mushrooms

1 dash Light Soy Sauce

Stir Fry until vegetables reach desired tenderness

Yummy!